

Shopping List

Help United Way of Hastings
restock **FOOD 4 KIDS** - the weekend food
initiative for school kids!



Items Needed

Individual Serving Cereal *
Cereal bars
Ramen Noodles
Canned tuna
Canned meat
Individual cups of peanut butter *

Individual oatmeal packets *
Cans of ravioli, spaghettios, chili, etc *
Soups *
Individual Mac & Cheese cups/Easy Mac
and Cheese *
Any other typical "kid-friendly" foods

*Especially needed

Helpful Tips . . .

- ◆ 6-7 food items are packed in each gallon sized bag, so space is limited!
- ◆ Children carry the packs home from school, either on the bus, or while walking, so we try to keep them light.
- ◆ Children may have to prepare their own meals so easy opening (pop top) cans, and simple microwavable foods work best.
- ◆ All food items need to be "shelf-stable" so please no perishable items.



What is Food 4 Kids? There are Hastings children who don't have enough to eat. Weekends without school meals are especially tough. **Food 4 Kids** provides bags filled with kid-friendly food for the weekend. help the children of Hastings come to school with full tummies and ready to learn!

Thank you for your support!

Call United Way of Hastings at 651-438-3337 or visit www.unitedwayofhastings.org.

