

Food 4 Kids



There are Hastings students who don't have enough to eat. Weekends without school meals are especially tough. **Food 4 Kids** provides bags filled with kid-friendly food for the weekend. Students arrive back to school on Monday mornings nourished and ready to learn!

Help students be successful!

- Donate money or specific food items needed to fill food bags.
- Hold a **Food 4 Kids** food drive and pack bags as a community service activity.

Impact

- Beginning in the fall 2015 at one elementary school and the middle school, UWH provided 40 bags of food each week to students.
- By the end of the 2019-20 school year, Food4Kids has expanded to include all of the ISD#200 buildings (early childhood, 3 elementary schools, middle school, high school, and alternative learning center) and a total of 4,366 food bags were distributed each weekend to students & families in need.
- Family support workers at each building have helped hundreds of students & families determine the root cause of hunger over the weekend and provided necessary resources to help them get back on their feet.

During School Year

Family support workers from each school district building connect with students & families in need. Support workers provide UWH with the # of bags needed for the weekend. UWH ensures bags are packed and delivered to each building. Support workers disseminate the bags to students.

During Summer

UWH works with the Summer SPARQ Program to provide weekend food bags to school-aged kids.

Anytime

Schedule a food drive and/or packing event! Get your friends, family, coworkers together for a great way to give back.

Stuff the Bus

Annual August food drive prior to the start of school at Coborn's, Cub Foods, and Walmart. Volunteers and food donations always needed!



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How can YOU help?

Purchase **Food 4 Kids** food items and help make sure students arrive back to school on Monday mornings nourished and ready to learn!

Shopping List

- Cans of Ravioli, Spaghetios, Chili
- Cereal - Individual Servings
- Cereal Bars
- Juice Boxes / Hot Chocolate Packets
- Meat - Canned
- Ramen Noodles
- Beef Sticks
- Oatmeal packets*
- Peanut Butter – Individual Cups*
- Soups*
- Individual Mac & Cheese cups & packets*
- Any other typical “kid-friendly” foods
- Gallon Ziploc bags

**Especially Needed*

Helpful Tips

- All Food items should be “non-perishable.”
- Students have to carry the packs home from school in their backpacks so we try to make them light.
- Easy, opening (pop top) cans and simple microwaveable food work the best.
- 6 food items + 1 beverage = 1 gallon-sized food bag. Space is limited.

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An initiative of United Way of Hastings in partnership with
360 Communities and ISD 200



www.unitedwayofhastings.org