Shopping List

- Cans of Ravioli, Spaghettios, Chili, Cereal - Individual Servings
- Cereal bars
- Juice Boxes / Hot Chocolate
- Meat - Canned
- Ramen Noodles
- Beef Sticks
- Oatmeal packets*
- Peanut Butter – Individual Cups*
- Soups*
- Individual Mac & Cheese cups or packets
- Any other typical “kid-friendly” foods
  *Especially Needed

Helpful Tips.......

✓ All Food items should be “non-perishable”.
✓ Children have to carry the packs home from school, so we try to make them light.
✓ Easy opening (pop top) cans, and simple microwavable foods work best.
✓ 6 Food items plus 1 beverages are packed in each gallon sized bag. Space is limited

We currently are feeding 270 kids every week in Hastings!

$5 = 1 Weekend Meal
$200 = 40 Weekend Meals
$500 = 100 Weekend Meals

www.unitedwayofhastings.org
There are Hastings children who don’t have enough to eat. Weekend without school meals are especially tough.

Food 4 Kids provides bags filled with kid-friendly food for the weekend.

Here’s how YOU can help!

- Donate money so we can buy food and packing bags.
- Donate kid-friendly foods found on the back of this page.
- Host a food drive or packing event as a community service activity.
- However you choose, you’ll be helping the kids of Hastings come to school with full tummies, ready to learn

For more information on

www.unitedwayofhastings.org

A program of United Way of Hastings in partnership with