



# Shopping List

- Oatmeal (packets)\*\*
- Peanut Butter (individual cups)\*\*
- Soups\*\*
- Mac & Cheese (cups or packets)\*\*
- Beef Sticks/Jerky (individual packets)\*\*
- Ravioli, Spaghettios, Chili (cans)
- Cereal (individual servings)
- Cereal Bars
- Meat (canned)
- Ramen Noodles (cups or packets)
- Juice Boxes / Hot Chocolate
- Any other "kid-friendly" foods
- Gallon-sized Ziploc bags

**\*\* Especially Needed**

## Helpful Tips . . .

- ✓ All food items should be "non-perishable."
- ✓ Students have to carry the packs home from school so we try to make bags light.
- ✓ Easy open (pop top) cans & simple microwavable foods work best.
- ✓ 6 food items plus 1 beverage are packed in each gallon-sized bag so space is limited.

We currently are feeding over 200 students each week!

\$5 = 1 Weekend Food Bag  
\$200 = 40 Weekend Food Bags  
\$500 = 100 Weekend Food Bags

[www.unitedwayofhastings.org](http://www.unitedwayofhastings.org)



# Shopping List

- Oatmeal (packets)\*\*
- Peanut Butter (individual cups)\*\*
- Soups\*\*
- Mac & Cheese (cups or packets)\*\*
- Beef Sticks/Jerky (individual packets)\*\*
- Ravioli, Spaghettios, Chili (cans)
- Cereal (individual servings)
- Cereal Bars
- Meat (canned)
- Ramen Noodles (cups or packets)
- Juice Boxes / Hot Chocolate
- Any other "kid-friendly" foods
- Gallon-sized Ziploc bags

**\*\* Especially Needed**

## Helpful Tips . . .

- ✓ All food items should be "non-perishable."
- ✓ Students have to carry the packs home from school so we try to make bags light.
- ✓ Easy open (pop top) cans & simple microwavable foods work best.
- ✓ 6 food items plus 1 beverage are packed in each gallon-sized bag so space is limited.

We currently are feeding over 200 students each week!

\$5 = 1 Weekend Food Bag  
\$200 = 40 Weekend Food Bags  
\$500 = 100 Weekend Food Bags

[www.unitedwayofhastings.org](http://www.unitedwayofhastings.org)



# Shopping List

- Oatmeal (packets)\*\*
- Peanut Butter (individual cups)\*\*
- Soups\*\*
- Mac & Cheese (cups or packets)\*\*
- Beef Sticks/Jerky (individual packets)\*\*
- Ravioli, Spaghettios, Chili (cans)
- Cereal (individual servings)
- Cereal Bars
- Meat (canned)
- Ramen Noodles (cups or packets)
- Juice Boxes / Hot Chocolate
- Any other "kid-friendly" foods
- Gallon-sized Ziploc bags

**\*\* Especially Needed**

## Helpful Tips . . .

- ✓ All food items should be "non-perishable."
- ✓ Students have to carry the packs home from school so we try to make bags light.
- ✓ Easy open (pop top) cans & simple microwavable foods work best.
- ✓ 6 food items plus 1 beverage are packed in each gallon-sized bag so space is limited.

We currently are feeding over 200 students each week!

\$5 = 1 Weekend Food Bag  
\$200 = 40 Weekend Food Bags  
\$500 = 100 Weekend Food Bags

[www.unitedwayofhastings.org](http://www.unitedwayofhastings.org)

FOOD  
4 KIDS



There are Hastings students who don't have enough to eat. Weekends without school meals are especially tough.

Food4Kids provides bags filled with kid-friendly food for the weekend.

YOU can help students arrive at school on Monday mornings with full tummies & ready to learn by:

- Donating money so we can buy food at significant discounts.
- Donating kid-friendly food found on the back of this page.
- Hosting a food/cash drive or packing event as a community service activity.



**To donate  
or learn more, visit:  
[www.unitedwayofhastings.org](http://www.unitedwayofhastings.org)**

Food4Kids is a student weekend food initiative of United Way of Hastings in partnership with:



FOOD  
4 KIDS



There are Hastings students who don't have enough to eat. Weekends without school meals are especially tough.

Food4Kids provides bags filled with kid-friendly food for the weekend.

YOU can help students arrive at school on Monday mornings with full tummies & ready to learn by:

- Donating money so we can buy food at significant discounts.
- Donating kid-friendly food found on the back of this page.
- Hosting a food/cash drive or packing event as a community service activity.



**To donate  
or learn more, visit:  
[www.unitedwayofhastings.org](http://www.unitedwayofhastings.org)**

Food4Kids is a student weekend food initiative of United Way of Hastings in partnership with:



FOOD  
4 KIDS



There are Hastings students who don't have enough to eat. Weekends without school meals are especially tough.

Food4Kids provides bags filled with kid-friendly food for the weekend.

YOU can help students arrive at school on Monday mornings with full tummies & ready to learn by:

- Donating money so we can buy food at significant discounts.
- Donating kid-friendly food found on the back of this page.
- Hosting a food/cash drive or packing event as a community service activity.



**To donate  
or learn more, visit:  
[www.unitedwayofhastings.org](http://www.unitedwayofhastings.org)**

Food4Kids is a student weekend food initiative of United Way of Hastings in partnership with:

